

Résultats – Régionale LD 17 mars 2019

2019-03-17

Violet Long				Temps	Après	
1.	François CALANDOT	O. CAENNAISE		54:12		
	1:46 (1:46)	5:35 (7:21)	1:22 (8:43)	1:15 (9:58)	0:41 (10:39)	0:46 (11:25)
	2:34 (13:59)	3:01 (17:00)	2:48 (19:48)	0:30 (20:18)	3:36 (23:54)	4:18 (28:12)
	0:53 (29:05)	0:43 (29:48)	3:11 (32:59)	1:08 (34:07)	1:35 (35:42)	0:57 (36:39)
	5:18 (41:57)	0:42 (42:39)	3:25 (46:04)	1:43 (47:47)	1:42 (49:29)	1:56 (51:25)
	2:05 (53:30)	0:42 (54:12)				
2.	Jérôme BOUCHAN	OTB		57:35	+3:23	
	1:31 (1:31)	7:26 (8:57)	1:09 (10:06)	0:57 (11:03)	0:51 (11:54)	0:48 (12:42)
	2:48 (15:30)	3:04 (18:34)	4:10 (22:44)	0:22 (23:06)	3:46 (26:52)	4:24 (31:16)
	0:51 (32:07)	0:42 (32:49)	3:34 (36:23)	1:12 (37:35)	1:15 (38:50)	0:55 (39:45)
	5:31 (45:16)	0:33 (45:49)	4:01 (49:50)	1:32 (51:22)	1:44 (53:06)	1:46 (54:52)
	2:08 (57:00)	0:35 (57:35)				
3.	Martin MOTTET	CRCO		1:00:04	+5:52	
	1:29 (1:29)	5:44 (7:13)	2:03 (9:16)	1:01 (10:17)	0:50 (11:07)	0:43 (11:50)
	2:41 (14:31)	3:44 (18:15)	2:54 (21:09)	0:33 (21:42)	4:46 (26:28)	7:17 (33:45)
	1:43 (35:28)	0:47 (36:15)	2:52 (39:07)	1:24 (40:31)	1:07 (41:38)	0:54 (42:32)
	5:18 (47:50)	0:34 (48:24)	3:26 (51:50)	1:24 (53:14)	2:22 (55:36)	1:59 (57:35)
	1:57 (59:32)	0:32 (1:00:04)				
4.	Tom LE CAM	CRCO		1:03:00	+8:48	
	1:37 (1:37)	6:44 (8:21)	1:26 (9:47)	1:06 (10:53)	0:49 (11:42)	0:49 (12:31)
	3:12 (15:43)	4:06 (19:49)	3:13 (23:02)	0:32 (23:34)	5:07 (28:41)	5:12 (33:53)
	0:49 (34:42)	0:50 (35:32)	3:35 (39:07)	1:26 (40:33)	1:39 (42:12)	1:03 (43:15)
	6:16 (49:31)	0:47 (50:18)	3:54 (54:12)	1:31 (55:43)	2:20 (58:03)	2:00 (1:00:03)
	2:18 (1:02:21)	0:39 (1:03:00)				
5.	Kévin THURIOT	ACBeauchamp		1:03:11	+8:59	
	1:42 (1:42)	6:53 (8:35)	1:37 (10:12)	1:04 (11:16)	1:37 (12:53)	0:49 (13:42)
	3:23 (17:05)	3:18 (20:23)	3:11 (23:34)	0:32 (24:06)	4:17 (28:23)	5:04 (33:27)
	1:40 (35:07)	0:51 (35:58)	3:51 (39:49)	1:23 (41:12)	1:15 (42:27)	1:06 (43:33)
	6:53 (50:26)	0:43 (51:09)	3:35 (54:44)	1:13 (55:57)	1:50 (57:47)	2:42 (1:00:29)
	2:05 (1:02:34)	0:37 (1:03:11)				
6.	Sylvain ARIBARD	Dinan CO		1:04:55	+10:43	
	3:05 (3:05)	7:33 (10:38)	1:20 (11:58)	1:05 (13:03)	0:53 (13:56)	0:45 (14:41)
	3:07 (17:48)	4:07 (21:55)	3:13 (25:08)	0:27 (25:35)	5:06 (30:41)	5:09 (35:50)
	1:06 (36:56)	0:44 (37:40)	3:36 (41:16)	1:21 (42:37)	1:32 (44:09)	1:11 (45:20)
	6:01 (51:21)	0:45 (52:06)	3:55 (56:01)	1:21 (57:22)	2:25 (59:47)	1:59 (1:01:46)
	2:33 (1:04:19)	0:36 (1:04:55)				
7.	Guillaume PERRAULT	SAINT-BRIEUC OR		1:06:48	+12:36	
	1:37 (1:37)	7:30 (9:07)	1:30 (10:37)	1:04 (11:41)	0:52 (12:33)	2:25 (14:58)
	5:12 (20:10)	3:49 (23:59)	3:10 (27:09)	0:32 (27:41)	4:57 (32:38)	5:18 (37:56)
	0:52 (38:48)	0:51 (39:39)	3:31 (43:10)	1:46 (44:56)	1:18 (46:14)	1:08 (47:22)
	6:25 (53:47)	0:37 (54:24)	3:43 (58:07)	1:20 (59:27)	2:19 (1:01:46)	2:12 (1:03:58)
	2:14 (1:06:12)	0:36 (1:06:48)				
8.	Valentin CHAREYRE	NAO		1:10:08	+15:56	
	2:00 (2:00)	7:38 (9:38)	1:44 (11:22)	1:41 (13:03)	1:02 (14:05)	1:11 (15:16)
	3:15 (18:31)	3:32 (22:03)	3:30 (25:33)	0:34 (26:07)	4:48 (30:55)	5:51 (36:46)
	1:05 (37:51)	1:03 (38:54)	5:20 (44:14)	1:31 (45:45)	1:57 (47:42)	1:34 (49:16)
	6:24 (55:40)	0:56 (56:36)	4:11 (1:00:47)	1:32 (1:02:19)	2:26 (1:04:45)	2:23 (1:07:08)
	2:20 (1:09:28)	0:40 (1:10:08)				
9.	Bruno MAES	COL		1:10:48	+16:36	
	2:06 (2:06)	9:41 (11:47)	1:54 (13:41)	1:28 (15:09)	0:47 (15:56)	0:56 (16:52)
	3:27 (20:19)	3:33 (23:52)	3:37 (27:29)	0:37 (28:06)	5:10 (33:16)	5:17 (38:33)
	1:14 (39:47)	0:52 (40:39)	4:04 (44:43)	1:36 (46:19)	1:56 (48:15)	1:10 (49:25)
	6:41 (56:06)	0:47 (56:53)	4:39 (1:01:32)	1:35 (1:03:07)	2:07 (1:05:14)	2:18 (1:07:32)
	2:40 (1:10:12)	0:36 (1:10:48)				
10.	Denis GRAFFIN	Quimper 29		1:14:47	+20:35	
	3:12 (3:12)	7:25 (10:37)	2:03 (12:40)	1:35 (14:15)	1:16 (15:31)	2:08 (17:39)
	3:46 (21:25)	4:51 (26:16)	9:01 (35:17)	0:33 (35:50)	4:59 (40:49)	5:05 (45:54)
	1:05 (46:59)	0:45 (47:44)	3:46 (51:30)	1:17 (52:47)	1:39 (54:26)	1:09 (55:35)
	5:42 (1:01:17)	0:43 (1:02:00)	4:03 (1:06:03)	1:26 (1:07:29)	2:25 (1:09:54)	2:04 (1:11:58)
	2:15 (1:14:13)	0:34 (1:14:47)				
11.	Christophe DIGUET	Non licencié		1:15:01	+20:49	
	2:10 (2:10)	7:27 (9:37)	3:54 (13:31)	1:23 (14:54)	1:24 (16:18)	1:05 (17:23)
	3:27 (20:50)	4:05 (24:55)	5:03 (29:58)	0:38 (30:36)	4:22 (34:58)	7:28 (42:26)
	2:46 (45:12)	0:53 (46:05)	3:25 (49:30)	1:24 (50:54)	2:58 (53:52)	1:04 (54:56)
	6:32 (1:01:28)	0:48 (1:02:16)	3:42 (1:05:58)	1:17 (1:07:15)	2:23 (1:09:38)	2:42 (1:12:20)
	2:00 (1:14:20)	0:41 (1:15:01)				
12.	Cédric BRISSON	NAO		1:21:54	+27:42	
	1:38 (1:38)	6:43 (8:21)	2:35 (10:56)	1:10 (12:06)	3:48 (15:54)	0:43 (16:37)
	3:16 (19:53)	8:17 (28:10)	8:56 (37:06)	0:25 (37:31)	7:12 (44:43)	5:18 (50:01)
	1:28 (51:29)	1:01 (52:30)	4:31 (57:01)	1:33 (58:34)	1:31 (1:00:05)	1:13 (1:01:18)
	6:37 (1:07:55)	0:54 (1:08:49)	4:30 (1:13:19)	1:36 (1:14:55)	2:02 (1:16:57)	2:11 (1:19:08)
	2:11 (1:21:19)	0:35 (1:21:54)				
13.	Eric BOULET	Dinan CO		1:22:14	+28:02	

1:59 (1:59)	8:35 (10:34)	1:46 (12:20)	1:32 (13:52)	0:53 (14:45)	1:03 (15:48)
3:33 (19:21)	5:46 (25:07)	4:22 (29:29)	0:32 (30:01)	6:13 (36:14)	6:02 (42:16)
1:42 (43:58)	1:01 (44:59)	4:52 (49:51)	1:36 (51:27)	1:39 (53:06)	1:45 (54:51)
7:20 (1:02:11)	0:57 (1:03:08)	8:18 (1:11:26)	2:15 (1:13:41)	2:31 (1:16:12)	2:42 (1:18:54)
2:33 (1:21:27)	0:47 (1:22:14)				
14. Jérôme FAIVRE	NAO		1:23:18	+29:06	
2:08 (2:08)	10:56 (13:04)	5:34 (18:38)	1:27 (20:05)	1:05 (21:10)	1:12 (22:22)
3:37 (25:59)	3:48 (29:47)	4:48 (34:35)	0:43 (35:18)	6:26 (41:44)	5:33 (47:17)
1:16 (48:33)	1:26 (49:59)	4:47 (54:46)	1:32 (56:18)	1:39 (57:57)	1:14 (59:11)
6:44 (1:05:55)	0:59 (1:06:54)	4:38 (1:11:32)	2:15 (1:13:47)	2:35 (1:16:22)	3:18 (1:19:40)
2:46 (1:22:26)	0:52 (1:23:18)				
15. Maël PRUD'HOMME	COL		1:24:36	+30:24	
1:49 (1:49)	7:32 (9:21)	2:03 (11:24)	1:14 (12:38)	0:46 (13:24)	0:54 (14:18)
3:34 (17:52)	8:00 (25:52)	5:47 (31:39)	0:33 (32:12)	6:00 (38:12)	5:51 (44:03)
1:00 (45:03)	0:56 (45:59)	4:01 (50:00)	1:41 (51:41)	1:52 (53:33)	1:37 (55:10)
6:34 (1:01:44)	1:05 (1:02:49)	11:34 (1:14:23)	1:35 (1:15:58)	3:27 (1:19:25)	2:20 (1:21:45)
2:14 (1:23:59)	0:37 (1:24:36)				
16. Pierre-Marie VERGE	NAO		1:30:50	+36:38	
2:16 (2:16)	9:23 (11:39)	2:01 (13:40)	1:41 (15:21)	3:09 (18:30)	1:19 (19:49)
4:09 (23:58)	5:10 (29:08)	4:28 (33:36)	0:47 (34:23)	6:11 (40:34)	6:46 (47:20)
1:13 (48:33)	1:10 (49:43)	5:19 (55:02)	1:58 (57:00)	3:57 (1:00:57)	1:50 (1:02:47)
8:19 (1:11:06)	1:03 (1:12:09)	5:29 (1:17:38)	2:21 (1:19:59)	3:35 (1:23:34)	3:00 (1:26:34)
3:36 (1:30:10)	0:40 (1:30:50)				
17. Alban RAHIER	NAO		1:32:59	+38:47	
2:03 (2:03)	7:41 (9:44)	3:37 (13:21)	1:26 (14:47)	2:40 (17:27)	1:08 (18:35)
3:43 (22:18)	4:24 (26:42)	5:30 (32:12)	0:34 (32:46)	6:43 (39:29)	6:48 (46:17)
1:19 (47:36)	2:08 (49:44)	4:33 (54:17)	1:51 (56:08)	8:18 (1:04:26)	1:16 (1:05:42)
7:40 (1:13:22)	0:52 (1:14:14)	5:45 (1:19:59)	2:08 (1:22:07)	2:58 (1:25:05)	2:49 (1:27:54)
4:01 (1:31:55)	1:04 (1:32:59)				
18. NICOLAS FOUILLARD	vir'king raid		1:34:13	+40:01	
2:19 (2:19)	10:17 (12:36)	4:30 (17:06)	1:36 (18:42)	1:07 (19:49)	0:57 (20:46)
4:07 (24:53)	4:25 (29:18)	4:48 (34:06)	0:47 (34:53)	6:09 (41:02)	6:22 (47:24)
1:37 (49:01)	1:13 (50:14)	5:24 (55:38)	2:27 (58:05)	4:53 (1:02:58)	2:14 (1:05:12)
8:40 (1:13:52)	1:09 (1:15:01)	5:27 (1:20:28)	4:02 (1:24:30)	2:57 (1:27:27)	2:53 (1:30:20)
2:58 (1:33:18)	0:55 (1:34:13)				
19. Théo MANNI	NAO		1:44:33	+50:21	
2:13 (2:13)	19:03 (21:16)	2:18 (23:34)	1:27 (25:01)	2:07 (27:08)	1:11 (28:19)
4:51 (33:10)	4:58 (38:08)	7:25 (45:33)	0:41 (46:14)	6:32 (52:46)	6:44 (59:30)
2:37 (1:02:07)	1:02 (1:03:09)	5:53 (1:09:02)	2:32 (1:11:34)	1:59 (1:13:33)	1:26 (1:14:59)
6:49 (1:21:48)	1:04 (1:22:52)	4:45 (1:27:37)	8:15 (1:35:52)	2:41 (1:38:33)	2:53 (1:41:26)
2:27 (1:43:53)	0:40 (1:44:33)				
20. Michel LEPETIT	O. CAENNAISE		1:51:32	+57:20	
2:26 (2:26)	11:17 (13:43)	4:32 (18:15)	1:24 (19:39)	2:21 (22:00)	1:10 (23:10)
9:32 (32:42)	5:01 (37:43)	10:45 (48:28)	0:32 (49:00)	7:00 (56:00)	12:36 (1:08:36)
1:22 (1:09:58)	1:11 (1:11:09)	4:48 (1:15:57)	2:26 (1:18:23)	2:13 (1:20:36)	4:52 (1:25:28)
7:50 (1:33:18)	0:57 (1:34:15)	5:35 (1:39:50)	2:10 (1:42:00)	2:51 (1:44:51)	3:03 (1:47:54)
2:56 (1:50:50)	0:42 (1:51:32)				
NC Raphaël LE CAM	CRCO		59:47	+5:35	
1:41 (1:41)	6:40 (8:21)	1:14 (9:35)	1:15 (10:50)	0:41 (11:31)	0:52 (12:23)
2:49 (15:12)	3:00 (18:12)	6:27 (24:39)	0:30 (25:09)	3:48 (28:57)	4:36 (33:33)
0:57 (34:30)	0:48 (35:18)	3:19 (38:37)	1:20 (39:57)	1:12 (41:09)	1:02 (42:11)
5:33 (47:44)	0:40 (48:24)	3:41 (52:05)	1:10 (53:15)	1:48 (55:03)	1:54 (56:57)
2:18 (59:15)	0:32 (59:47)				
Jean-Philippe CHESNAIS	Dinan CO	PM			
1:52 (1:52)	8:04 (9:56)	1:46 (11:42)	1:17 (12:59)	0:49 (13:48)	1:55 (15:43)
3:42 (19:25)	4:37 (24:02)	5:42 (29:44)	0:34 (30:18)	5:54 (36:12)	6:22 (42:34)
1:21 (43:55)	– (–)	– (47:54)	1:38 (49:32)	1:34 (51:06)	1:58 (53:04)
6:09 (59:13)	1:09 (1:00:22)	3:54 (1:04:16)	1:25 (1:05:41)	2:14 (1:07:55)	2:14 (1:10:09)
2:15 (1:12:24)	0:46 (1:13:10)				

Violet Moyen

			Temps	Après	
1. Héléna POLASKOVA-MENARD	NAO		50:24		
3:46 (3:46)	3:32 (7:18)	1:22 (8:40)	1:36 (10:16)	1:56 (12:12)	4:33 (16:45)
1:06 (17:51)	0:52 (18:43)	0:41 (19:24)	1:16 (20:40)	4:35 (25:15)	4:05 (29:20)
2:57 (32:17)	2:29 (34:46)	4:14 (39:00)	3:07 (42:07)	1:55 (44:02)	2:17 (46:19)
1:40 (47:59)	1:40 (49:39)	0:45 (50:24)			
2. Laurent VALOIS	CRCO		51:08	+0:44	
2:35 (2:35)	3:46 (6:21)	1:23 (7:44)	1:47 (9:31)	1:42 (11:13)	4:23 (15:36)
1:15 (16:51)	0:55 (17:46)	0:58 (18:44)	1:16 (20:00)	4:58 (24:58)	3:17 (28:15)
3:21 (31:36)	2:18 (33:54)	5:16 (39:10)	2:44 (41:54)	1:32 (43:26)	3:26 (46:52)
1:27 (48:19)	2:04 (50:23)	0:45 (51:08)			
3. Emmanuel ROULLAND	O53		52:04	+1:40	
2:25 (2:25)	3:49 (6:14)	1:10 (7:24)	1:24 (8:48)	1:50 (10:38)	4:29 (15:07)
0:55 (16:02)	0:50 (16:52)	1:56 (18:48)	0:59 (19:47)	4:33 (24:20)	4:34 (28:54)
3:32 (32:26)	2:26 (34:52)	4:11 (39:03)	5:57 (45:00)	1:32 (46:32)	2:09 (48:41)
1:18 (49:59)	1:25 (51:24)	0:40 (52:04)			
4. Nicolas Galland	CSAD ETRS		52:40	+2:16	
2:29 (2:29)	4:32 (7:01)	1:21 (8:22)	2:19 (10:41)	2:27 (13:08)	4:17 (17:25)
1:09 (18:34)	0:54 (19:28)	0:42 (20:10)	1:01 (21:11)	7:19 (28:30)	3:40 (32:10)
3:06 (35:16)	2:19 (37:35)	4:13 (41:48)	2:30 (44:18)	1:33 (45:51)	3:07 (48:58)
1:28 (50:26)	1:36 (52:02)	0:38 (52:40)			

5.	William TISON	NAO	56:55	+6:31		
	2:21 (2:21)	3:27 (5:48)	1:18 (7:06)	1:32 (8:38)	2:51 (11:29)	4:17 (15:46)
	1:09 (16:55)	0:59 (17:54)	0:48 (18:42)	1:17 (19:59)	4:33 (24:32)	4:49 (29:21)
	3:00 (32:21)	6:50 (39:11)	6:10 (45:21)	3:26 (48:47)	1:36 (50:23)	2:08 (52:31)
	1:43 (54:14)	2:02 (56:16)	0:39 (56:55)			
6.	Guillaume Lavaure	CSAD ETRS	57:48	+7:24		
	2:24 (2:24)	6:22 (8:46)	1:10 (9:56)	1:26 (11:22)	1:59 (13:21)	4:38 (17:59)
	1:42 (19:41)	0:55 (20:36)	0:42 (21:18)	1:09 (22:27)	9:26 (31:53)	4:13 (36:06)
	3:16 (39:22)	2:09 (41:31)	4:27 (45:58)	2:53 (48:51)	1:38 (50:29)	3:42 (54:11)
	1:25 (55:36)	1:37 (57:13)	0:35 (57:48)			
7.	Eric RAVENET	SAINT-BRIEUC OR	58:59	+8:35		
	2:16 (2:16)	4:57 (7:13)	1:12 (8:25)	1:39 (10:04)	2:47 (12:51)	4:02 (16:53)
	1:25 (18:18)	3:03 (21:21)	2:41 (24:02)	1:23 (25:25)	5:12 (30:37)	4:50 (35:27)
	3:03 (38:30)	2:00 (40:30)	6:36 (47:06)	2:42 (49:48)	3:04 (52:52)	2:04 (54:56)
	1:44 (56:40)	1:44 (58:24)	0:35 (58:59)			
8.	Jean-Marc Jonnet	CSAD ETRS	59:40	+9:16		
	2:43 (2:43)	4:25 (7:08)	2:22 (9:30)	1:56 (11:26)	2:23 (13:49)	5:49 (19:38)
	1:12 (20:50)	1:05 (21:55)	1:10 (23:05)	1:33 (24:38)	5:53 (30:31)	4:34 (35:05)
	3:51 (38:56)	3:45 (42:41)	5:56 (48:37)	3:08 (51:45)	1:46 (53:31)	2:13 (55:44)
	1:23 (57:07)	1:53 (59:00)	0:40 (59:40)			
9.	Elie PRADEILLES-RIVOAL	COL	1:01:20	+10:56		
	2:25 (2:25)	7:37 (10:02)	1:22 (11:24)	2:11 (13:35)	1:45 (15:20)	4:27 (19:47)
	1:10 (20:57)	1:24 (22:21)	1:10 (23:31)	1:16 (24:47)	5:56 (30:43)	4:02 (34:45)
	3:11 (37:56)	3:41 (41:37)	8:47 (50:24)	2:46 (53:10)	1:54 (55:04)	2:24 (57:28)
	1:39 (59:07)	1:33 (1:00:40)	0:40 (1:01:20)			
10.	Karine MAES	COL	1:05:48	+15:24		
	3:09 (3:09)	5:01 (8:10)	1:53 (10:03)	1:47 (11:50)	2:02 (13:52)	6:36 (20:28)
	1:34 (22:02)	1:15 (23:17)	1:14 (24:31)	1:38 (26:09)	7:00 (33:09)	4:40 (37:49)
	4:02 (41:51)	2:43 (44:34)	6:57 (51:31)	3:47 (55:18)	2:20 (57:38)	2:37 (1:00:15)
	1:52 (1:02:07)	2:52 (1:04:59)	0:49 (1:05:48)			
11.	Sidney Lamback	CSAD ETRS	1:05:49	+15:25		
	3:51 (3:51)	4:19 (8:10)	1:41 (9:51)	1:55 (11:46)	3:50 (15:36)	5:32 (21:08)
	1:19 (22:27)	3:14 (25:41)	0:57 (26:38)	1:24 (28:02)	5:11 (33:13)	4:57 (38:10)
	3:15 (41:25)	2:39 (44:04)	7:06 (51:10)	3:47 (54:57)	4:07 (59:04)	2:43 (1:01:47)
	1:37 (1:03:24)	1:45 (1:05:09)	0:40 (1:05:49)			
12.	Soizic BORGAT	O. CAENNAISE	1:07:05	+16:41		
	3:01 (3:01)	3:58 (6:59)	1:42 (8:41)	1:39 (10:20)	4:02 (14:22)	4:25 (18:47)
	1:38 (20:25)	6:28 (26:53)	0:59 (27:52)	1:31 (29:23)	6:03 (35:26)	4:45 (40:11)
	3:13 (43:24)	2:47 (46:11)	5:05 (51:16)	4:21 (55:37)	3:48 (59:25)	2:42 (1:02:07)
	1:49 (1:03:56)	2:22 (1:06:18)	0:47 (1:07:05)			
13.	Jean DURRMANN	SAINT-BRIEUC OR	1:07:33	+17:09		
	3:07 (3:07)	5:39 (8:46)	2:09 (10:55)	1:56 (12:51)	3:15 (16:06)	5:01 (21:07)
	1:30 (22:37)	1:07 (23:44)	2:53 (26:37)	1:36 (28:13)	6:05 (34:18)	4:53 (39:11)
	4:11 (43:22)	3:13 (46:35)	5:49 (52:24)	3:44 (56:08)	3:10 (59:18)	3:30 (1:02:48)
	1:47 (1:04:35)	2:22 (1:06:57)	0:36 (1:07:33)			
14.	Louis LAMOR	CMO	1:08:34	+18:10		
	3:22 (3:22)	4:42 (8:04)	1:40 (9:44)	1:23 (11:07)	2:41 (13:48)	6:29 (20:17)
	1:30 (21:47)	1:02 (22:49)	2:37 (25:26)	1:17 (26:43)	7:17 (34:00)	4:40 (38:40)
	4:00 (42:40)	3:12 (45:52)	8:30 (54:22)	4:04 (58:26)	1:51 (1:00:17)	3:15 (1:03:32)
	2:25 (1:05:57)	1:59 (1:07:56)	0:38 (1:08:34)			
15.	Emilie ROULLAND	O. CAENNAISE	1:08:45	+18:21		
	3:25 (3:25)	6:05 (9:30)	2:20 (11:50)	2:05 (13:55)	2:12 (16:07)	6:51 (22:58)
	1:23 (24:21)	1:13 (25:34)	1:06 (26:40)	1:29 (28:09)	7:24 (35:33)	6:24 (41:57)
	3:26 (45:23)	2:47 (48:10)	6:00 (54:10)	3:42 (57:52)	2:30 (1:00:22)	3:10 (1:03:32)
	2:04 (1:05:36)	2:23 (1:07:59)	0:46 (1:08:45)			
16.	Regis BAILLET	Quimper 29	1:09:38	+19:14		
	2:42 (2:42)	4:39 (7:21)	1:36 (8:57)	1:43 (10:40)	3:57 (14:37)	7:07 (21:44)
	1:29 (23:13)	1:01 (24:14)	1:15 (25:29)	1:38 (27:07)	10:02 (37:09)	5:35 (42:44)
	3:42 (46:26)	3:08 (49:34)	6:01 (55:35)	3:34 (59:09)	1:54 (1:01:03)	3:04 (1:04:07)
	2:14 (1:06:21)	2:24 (1:08:45)	0:53 (1:09:38)			
17.	Lucas LE MAT	CRCO	1:09:49	+19:25		
	2:36 (2:36)	4:55 (7:31)	2:43 (10:14)	2:07 (12:21)	2:55 (15:16)	5:51 (21:07)
	1:08 (22:15)	1:12 (23:27)	0:58 (24:25)	1:47 (26:12)	8:22 (34:34)	5:23 (39:57)
	6:51 (46:48)	3:09 (49:57)	6:11 (56:08)	3:22 (59:30)	2:08 (1:01:38)	3:56 (1:05:34)
	1:44 (1:07:18)	1:56 (1:09:14)	0:35 (1:09:49)			
18.	Emilie POGU	SAINT-BRIEUC OR	1:10:43	+20:19		
	4:21 (4:21)	5:15 (9:36)	1:59 (11:35)	2:15 (13:50)	2:14 (16:04)	6:30 (22:34)
	1:20 (23:54)	1:22 (25:16)	1:13 (26:29)	1:33 (28:02)	7:55 (35:57)	5:05 (41:02)
	5:12 (46:14)	2:51 (49:05)	6:42 (55:47)	4:14 (1:00:01)	2:25 (1:02:26)	3:23 (1:05:49)
	1:57 (1:07:46)	2:13 (1:09:59)	0:44 (1:10:43)			
19.	Nicolas CHERRIER	SAINT-BRIEUC OR	1:12:56	+22:32		
	3:24 (3:24)	8:14 (11:38)	1:56 (13:34)	2:22 (15:56)	2:16 (18:12)	6:25 (24:37)
	1:23 (26:00)	1:27 (27:27)	1:05 (28:32)	1:33 (30:05)	7:58 (38:03)	4:57 (43:00)
	5:12 (48:12)	2:50 (51:02)	6:48 (57:50)	4:17 (1:02:07)	2:23 (1:04:30)	3:26 (1:07:56)
	1:55 (1:09:51)	2:12 (1:12:03)	0:53 (1:12:56)			
20.	Gilles LE TOUZIC	COL	1:19:51	+29:27		
	5:45 (5:45)	4:23 (10:08)	2:12 (12:20)	4:34 (16:54)	2:38 (19:32)	5:40 (25:12)
	1:15 (26:27)	2:23 (28:50)	1:02 (29:52)	1:41 (31:33)	5:28 (37:01)	5:44 (42:45)
	3:41 (46:26)	3:03 (49:29)	8:40 (58:09)	7:29 (1:05:38)	6:23 (1:12:01)	3:11 (1:15:12)
	1:46 (1:16:58)	2:15 (1:19:13)	0:38 (1:19:51)			
21.	Pascale LEGUEN	SAINT-BRIEUC OR	1:19:58	+29:34		

	3:23 (3:23)	4:33 (7:56)	2:09 (10:05)	2:10 (12:15)	3:29 (15:44)	6:28 (22:12)
	2:14 (24:26)	1:13 (25:39)	1:18 (26:57)	1:37 (28:34)	9:43 (38:17)	5:39 (43:56)
	5:56 (49:52)	5:55 (55:47)	6:53 (1:02:40)	4:29 (1:07:09)	3:58 (1:11:07)	3:40 (1:14:47)
	1:54 (1:16:41)	2:20 (1:19:01)	0:57 (1:19:58)			
22.	Christophe CHAPUT	vir'king raid	1:27:34	+37:10		
	4:47 (4:47)	9:37 (14:24)	4:47 (19:11)	1:58 (21:09)	4:08 (25:17)	6:05 (31:22)
	1:29 (32:51)	8:50 (41:41)	1:12 (42:53)	1:23 (44:16)	8:04 (52:20)	4:21 (56:41)
	4:39 (1:01:20)	3:00 (1:04:20)	6:53 (1:11:13)	3:39 (1:14:52)	4:19 (1:19:11)	3:06 (1:22:17)
	1:49 (1:24:06)	2:40 (1:26:46)	0:48 (1:27:34)			
23.	Geneviève CLOUET	COPV	1:27:53	+37:29		
	3:03 (3:03)	5:31 (8:34)	2:07 (10:41)	3:35 (14:16)	2:40 (16:56)	5:25 (22:21)
	1:56 (24:17)	1:14 (25:31)	1:13 (26:44)	1:35 (28:19)	9:14 (37:33)	4:12 (41:45)
	6:31 (48:16)	3:13 (51:29)	18:01 (1:09:30)	3:01 (1:12:31)	7:25 (1:19:56)	3:17 (1:23:13)
	2:19 (1:25:32)	1:42 (1:27:14)	0:39 (1:27:53)			
24.	Frédéric LOUVEL	CRCO	1:29:18	+38:54		
	4:17 (4:17)	6:54 (11:11)	2:24 (13:35)	1:34 (15:09)	1:48 (16:57)	4:37 (21:34)
	1:08 (22:42)	4:53 (27:35)	1:13 (28:48)	3:54 (32:42)	6:01 (38:43)	4:20 (43:03)
	5:48 (48:51)	2:31 (51:22)	16:14 (1:07:36)	10:44 (1:18:20)	1:25 (1:19:45)	4:08 (1:23:53)
	1:48 (1:25:41)	2:48 (1:28:29)	0:49 (1:29:18)			
25.	Cyriaque NAUT	Non licencié	1:39:50	+49:26		
	4:49 (4:49)	4:58 (9:47)	1:32 (11:19)	2:37 (13:56)	4:42 (18:38)	11:03 (29:41)
	2:04 (31:45)	1:29 (33:14)	0:55 (34:09)	1:17 (35:26)	15:18 (50:44)	3:33 (54:17)
	9:09 (1:03:26)	19:27 (1:22:53)	4:19 (1:27:12)	3:09 (1:30:21)	2:58 (1:33:19)	2:05 (1:35:24)
	1:42 (1:37:06)	2:09 (1:39:15)	0:35 (1:39:50)			
26.	Séverine CHICHERY	Mortain	1:44:33	+54:09		
	4:30 (4:30)	6:08 (10:38)	2:42 (13:20)	2:39 (15:59)	4:24 (20:23)	6:55 (27:18)
	1:55 (29:13)	1:38 (30:51)	1:30 (32:21)	1:52 (34:13)	8:50 (43:03)	5:47 (48:50)
	8:27 (57:17)	5:15 (1:02:32)	18:23 (1:20:55)	6:01 (1:26:56)	6:33 (1:33:29)	4:11 (1:37:40)
	2:49 (1:40:29)	3:03 (1:43:32)	1:01 (1:44:33)			
NC	Marc MAUNY	CRCO	1:06:44	+16:20		
	3:41 (3:41)	5:35 (9:16)	2:19 (11:35)	2:17 (13:52)	5:47 (19:39)	5:11 (24:50)
	1:23 (26:13)	1:01 (27:14)	0:52 (28:06)	1:22 (29:28)	6:48 (36:16)	4:43 (40:59)
	3:22 (44:21)	5:17 (49:38)	4:29 (54:07)	3:04 (57:11)	2:07 (59:18)	2:38 (1:01:56)
	1:54 (1:03:50)	2:07 (1:05:57)	0:47 (1:06:44)			
NC	Byron HAWKINS	CRCO	1:39:25	+49:01		
	4:02 (4:02)	8:10 (12:12)	3:11 (15:23)	2:35 (17:58)	6:15 (24:13)	9:39 (33:52)
	2:21 (36:13)	1:40 (37:53)	1:17 (39:10)	2:07 (41:17)	10:44 (52:01)	6:12 (58:13)
	8:24 (1:06:37)	3:46 (1:10:23)	9:33 (1:19:56)	5:20 (1:25:16)	2:42 (1:27:58)	3:57 (1:31:55)
	2:30 (1:34:25)	4:04 (1:38:29)	0:56 (1:39:25)			
	Gwendal LETONDEUR	CRCO	PM			
	3:35 (3:35)	4:16 (7:51)	1:04 (8:55)	1:30 (10:25)	2:50 (13:15)	5:42 (18:57)
	0:59 (19:56)	0:57 (20:53)	0:43 (21:36)	1:02 (22:38)	4:46 (27:24)	3:26 (30:50)
	3:00 (33:50)	2:21 (36:11)	4:36 (40:47)	2:57 (43:44)	1:39 (45:23)	2:14 (47:37)
	1:31 (49:08)	– (–)	– (50:59)			

Violet court

			Temps	Après		
1.	Pauline ENDRESS	CRCO	43:50	+1:34		
	2:17 (2:17)	5:45 (8:02)	4:49 (12:51)	1:09 (14:00)	1:32 (15:32)	1:46 (17:18)
	2:48 (20:06)	1:32 (21:38)	3:53 (25:31)	0:42 (26:13)	4:32 (30:45)	3:17 (34:02)
	5:25 (39:27)	1:35 (41:02)	2:02 (43:04)	0:46 (43:50)		
2.	J-Francois PASCAL	COPV	44:58	+2:42		
	2:30 (2:30)	5:00 (7:30)	4:45 (12:15)	1:33 (13:48)	0:59 (14:47)	1:35 (16:22)
	4:09 (20:31)	1:43 (22:14)	6:15 (28:29)	0:32 (29:01)	3:08 (32:09)	2:32 (34:41)
	6:17 (40:58)	1:36 (42:34)	1:40 (44:14)	0:44 (44:58)		
3.	Miti LE CAM	CRCO	44:59	+2:43		
	2:08 (2:08)	5:39 (7:47)	4:08 (11:55)	1:21 (13:16)	1:05 (14:21)	1:57 (16:18)
	4:18 (20:36)	1:40 (22:16)	5:59 (28:15)	0:37 (28:52)	3:07 (31:59)	2:36 (34:35)
	5:33 (40:08)	1:45 (41:53)	2:22 (44:15)	0:44 (44:59)		
4.	Etienne HAMEAU	O53	45:24	+3:08		
	1:53 (1:53)	6:03 (7:56)	4:14 (12:10)	1:26 (13:36)	1:17 (14:53)	1:41 (16:34)
	2:55 (19:29)	2:11 (21:40)	6:47 (28:27)	0:46 (29:13)	4:09 (33:22)	2:40 (36:02)
	5:02 (41:04)	1:45 (42:49)	1:52 (44:41)	0:43 (45:24)		
5.	Benoit OLLIVIER	CFCO	45:35	+3:19		
	2:27 (2:27)	6:20 (8:47)	5:58 (14:45)	1:14 (15:59)	1:14 (17:13)	2:00 (19:13)
	3:30 (22:43)	2:12 (24:55)	5:15 (30:10)	0:33 (30:43)	3:44 (34:27)	2:26 (36:53)
	4:39 (41:32)	1:31 (43:03)	1:49 (44:52)	0:43 (45:35)		
6.	Olivier FLORIOT	CRCO	50:49	+8:33		
	2:56 (2:56)	6:04 (9:00)	6:34 (15:34)	1:29 (17:03)	1:24 (18:27)	1:39 (20:06)
	6:22 (26:28)	2:05 (28:33)	4:05 (32:38)	0:40 (33:18)	4:33 (37:51)	2:49 (40:40)
	5:24 (46:04)	1:49 (47:53)	2:03 (49:56)	0:53 (50:49)		
7.	Muriel LE CAM	CRCO	53:05	+10:49		
	2:06 (2:06)	5:40 (7:46)	6:41 (14:27)	1:26 (15:53)	1:06 (16:59)	1:41 (18:40)
	4:01 (22:41)	2:53 (25:34)	7:08 (32:42)	0:27 (33:09)	4:23 (37:32)	5:00 (42:32)
	5:37 (48:09)	1:41 (49:50)	2:27 (52:17)	0:48 (53:05)		
8.	Noan BOUVIER	CRCO	57:04	+14:48		
	2:17 (2:17)	6:34 (8:51)	6:46 (15:37)	1:54 (17:31)	1:38 (19:09)	1:52 (21:01)
	3:20 (24:21)	2:04 (26:25)	6:17 (32:42)	0:50 (33:32)	4:45 (38:17)	6:27 (44:44)
	6:44 (51:28)	2:29 (53:57)	2:24 (56:21)	0:43 (57:04)		
9.	Bernard BONNOT	Dinan CO	58:16	+16:00		
	3:16 (3:16)	10:02 (13:18)	5:36 (18:54)	2:12 (21:06)	1:22 (22:28)	3:18 (25:46)
	3:16 (29:02)	1:47 (30:49)	7:37 (38:26)	0:42 (39:08)	3:34 (42:42)	3:09 (45:51)

10.	Chloé LE TOUZIC	COL	6:25 (52:16) 2:23 (2:23) 4:37 (27:49) 6:33 (1:00:46)	1:58 (54:14) 9:26 (11:49) 1:29 (29:18) 1:47 (1:02:33)	2:23 (56:37) 4:57 (16:46) 10:54 (40:12) 2:13 (1:04:46)	1:39 (58:16) 1:05:29 +23:13 1:42 (18:28) 2:45 (21:13) 0:37 (40:49) 3:56 (44:45) 0:43 (1:05:29)	1:59 (23:12) 2:45 (21:13) 3:56 (44:45) 9:28 (54:13)
11.	Joseph LEGUEN	SAINT-BRIEUC OR	3:05 (3:05) 5:12 (31:23) 7:29 (59:52)	9:27 (12:32) 2:16 (33:39) 2:45 (1:02:37)	7:02 (19:34) 6:14 (39:53) 3:10 (1:05:47)	1:07:15 +24:59 2:21 (21:55) 0:56 (40:49) 1:28 (1:07:15)	1:44 (23:39) 4:30 (45:19) 7:04 (52:23)
12.	Thibaut AUBRUN	vir'king raid	2:47 (2:47) 3:49 (36:13) 5:12 (1:02:56)	5:44 (8:31) 1:57 (38:10) 2:12 (1:05:08)	15:58 (24:29) 7:23 (45:33) 2:12 (1:07:20)	1:08:01 +25:45 3:12 (27:41) 0:28 (46:01) 0:41 (1:08:01)	2:47 (30:28) 7:22 (53:23) 4:21 (57:44)
13.	Catherine DURRMANN	SAINT-BRIEUC OR	3:55 (3:55) 3:36 (36:30) 6:26 (1:03:37)	19:52 (23:47) 2:06 (38:36) 1:51 (1:05:28)	4:10 (27:57) 6:27 (45:03) 1:55 (1:07:23)	1:08:05 +25:49 1:54 (29:51) 0:47 (45:50) 0:42 (1:08:05)	1:11 (31:02) 8:04 (53:54) 3:17 (57:11)
14.	Caroline RAVIER-MIZELLE	CRCO	3:15 (3:15) 5:02 (35:53) 7:00 (1:12:32)	7:48 (11:03) 2:14 (38:07) 1:55 (1:14:27)	5:33 (16:36) 6:15 (44:22) 3:24 (1:17:51)	1:19:07 +36:51 3:07 (19:43) 0:50 (45:12) 1:16 (1:19:07)	8:25 (28:08) 16:48 (1:02:00) 2:43 (30:51) 3:32 (1:05:32)
15.	Veronique AGUILLE	O. CAENNAISE	4:31 (4:31) 6:46 (45:07) 9:06 (1:18:09)	8:35 (13:06) 3:17 (48:24) 2:42 (1:20:51)	16:35 (29:41) 7:30 (55:54) 3:34 (1:24:25)	1:25:30 +43:14 2:37 (32:18) 1:13 (57:07) 1:05 (1:25:30)	2:18 (34:36) 7:42 (1:04:49) 4:14 (1:09:03)
16.	Camille BOSSARD	CRCO	5:13 (5:13) 4:39 (37:16) 7:08 (1:15:37)	8:28 (13:41) 2:16 (39:32) 7:15 (1:22:52)	6:49 (20:30) 11:18 (50:50) 4:31 (1:27:23)	1:28:21 +46:05 6:08 (26:38) 0:48 (51:38) 0:58 (1:28:21)	3:45 (30:23) 12:47 (1:04:25) 4:04 (1:08:29)
17.	Mathias BOURSIER	CRCO	2:41 (2:41) 7:40 (40:46) 7:06 (1:20:24)	11:29 (14:10) 2:56 (43:42) 4:40 (1:25:04)	11:18 (25:28) 11:59 (55:41) 3:23 (1:28:27)	1:29:31 +47:15 3:33 (29:01) 1:12 (56:53) 1:04 (1:29:31)	1:54 (30:55) 9:40 (1:06:33) 6:45 (1:13:18)
18.	Philippe LEAU	O53	3:25 (3:25) 5:29 (35:11) 8:51 (1:13:32)	9:46 (13:11) 5:59 (41:10) 2:30 (1:16:02)	10:29 (23:40) 11:17 (52:27) 20:47 (1:36:49)	1:38:02 +55:46 2:03 (25:43) 1:08 (53:35) 1:13 (1:38:02)	1:42 (27:25) 7:28 (1:01:03) 3:38 (1:04:41)
NC	Marc CAPISANI	CRCO	2:13 (2:13) 3:20 (19:39) 5:05 (37:43)	5:18 (7:31) 2:21 (22:00) 1:46 (39:29)	4:59 (12:30) 3:23 (25:23) 1:57 (41:26)	42:16 +4:06 1:14 (13:44) 0:45 (26:08) 0:50 (42:16)	1:05 (14:49) 3:11 (29:19) 1:30 (16:19) 3:19 (32:38)
NC	Jacques LE ROUX	CRCO	2:32 (2:32) 3:10 (20:49) 5:44 (40:55)	5:24 (7:56) 1:47 (22:36) 1:52 (42:47)	5:15 (13:11) 4:07 (26:43) 2:40 (45:27)	46:22 +4:06 1:23 (14:34) 0:52 (27:35) 0:55 (46:22)	1:13 (15:47) 4:52 (32:27) 2:44 (35:11)
	Dominique PARIS	O. CAENNAISE	4:06 (4:06) 9:19 (47:35) 8:05 (1:24:03)	13:13 (17:19) 2:29 (50:04) 7:08 (1:31:11)	15:16 (32:35) 7:21 (57:25) 4:37 (1:35:48)	PM 2:08 (34:43) 1:03 (58:28) 1:29 (1:37:17)	– (–) 12:07 (1:10:35) 5:23 (1:15:58)
	Jean-Benoît Gastou	CSAD ETRS	3:42 (3:42) – (26:37) 5:46 (48:42)	8:07 (11:49) 1:42 (28:19) 1:34 (50:16)	6:58 (18:47) 7:02 (35:21) 1:49 (52:05)	PM 1:37 (20:24) 0:35 (35:56) 0:43 (52:48)	1:49 (22:13) 3:54 (39:50) 3:06 (42:56)
	Loris MARIE	vir'king raid	3:31 (3:31) 3:32 (47:11) – (–)	6:17 (9:48) 1:34 (48:45) – (–)	28:34 (38:22) – (–) – (1:28:36)	PM 1:50 (40:12) – (–) 0:29 (1:29:05)	1:16 (41:28) – (–) – (–)

Orange			Temps	Après		
1.	Josselin GRAFFAGNINO	Dinan CO	46:28	2:31 (12:58) 5:36 (32:38) 1:32 (45:53)	3:38 (16:36) 3:17 (35:55) 0:35 (46:28)	2:04 (18:40) 2:04 (37:59)
2.	Louis MARIE	O. CAENNAISE	49:31	2:29 (18:30) 6:06 (37:01) 1:32 (48:59)	2:39 (21:09) 2:46 (39:47) 0:32 (49:31)	2:06 (23:15) 3:12 (42:59)
3.	Hugo DROUET	NAO	51:42	2:36 (19:30) 4:12 (29:27) 1:37 (46:54)	3:50 (23:20) 2:57 (41:56) 0:40 (51:42)	1:55 (25:15) 3:21 (45:17)
4.	Emilien CHEVANCHE	SAINT-BRIEUC OR	54:55	2:16 (18:40) 4:17 (41:16) 1:46 (54:13)	2:03 (20:43) 3:33 (44:49) 0:42 (54:55)	6:55 (27:38) 2:42 (47:31)
5.	Enzo YAHI	O. CAENNAISE	55:58	1:52 (18:23) 3:51 (38:42) 3:07 (55:08)	2:46 (21:09) 3:15 (41:57) 0:50 (55:58)	1:30 (22:39) 1:49 (43:46)
6.	Célian IMBERTI	CRCO	59:16	3:17 (16:40)	2:37 (19:17)	3:34 (22:51)

	4:36 (27:27)	2:50 (30:17)	0:52 (31:09)	6:32 (37:41)	6:04 (43:45)	3:08 (46:53)
	7:46 (54:39)	1:49 (56:28)	0:53 (57:21)	1:15 (58:36)	0:40 (59:16)	
7.	Philippe RIOU	CRCO		1:00:21	+13:53	
	5:15 (5:15)	5:15 (10:30)	4:55 (15:25)	2:39 (18:04)	2:15 (20:19)	2:52 (23:11)
	5:35 (28:46)	4:17 (33:03)	1:52 (34:55)	5:51 (40:46)	4:42 (45:28)	4:27 (49:55)
	3:08 (53:03)	2:41 (55:44)	1:23 (57:07)	2:11 (59:18)	1:03 (1:00:21)	
8.	Damien RIVOAL	Non licencié		1:33:07	+46:39	
	17:33 (17:33)	4:04 (21:37)	5:10 (26:47)	3:57 (30:44)	4:21 (35:05)	3:45 (38:50)
	6:34 (45:24)	2:40 (48:04)	11:02 (59:06)	7:01 (1:06:07)	6:17 (1:12:24)	3:09 (1:15:33)
	11:45 (1:27:18)	2:24 (1:29:42)	1:16 (1:30:58)	1:39 (1:32:37)	0:30 (1:33:07)	
9.	Alain LEGAL	SAINT-BRIEUC OR		2:02:01	+75:33	
	9:39 (9:39)	9:22 (19:01)	7:39 (26:40)	20:52 (47:32)	3:59 (51:31)	3:50 (55:21)
	8:14 (1:03:35)	4:31 (1:08:06)	14:23 (1:22:29)	11:01 (1:33:30)	7:38 (1:41:08)	3:23 (1:44:31)
	5:21 (1:49:52)	4:24 (1:54:16)	2:32 (1:56:48)	3:14 (2:00:02)	1:59 (2:02:01)	

Jaune			Temps	Après		
1.	Julien DEVANNE	Non licencié	36:30			
	2:08 (2:08)	4:13 (6:21)	2:16 (8:37)	3:42 (12:19)	3:36 (15:55)	1:16 (17:11)
	2:27 (19:38)	5:06 (24:44)	1:02 (25:46)	4:29 (30:15)	2:17 (32:32)	1:14 (33:46)
	1:52 (35:38)	0:52 (36:30)				
2.	Karine BOULET	Dinan CO	38:51	+2:21		
	1:58 (1:58)	4:11 (6:09)	2:57 (9:06)	8:07 (17:13)	2:35 (19:48)	1:10 (20:58)
	1:35 (22:33)	4:29 (27:02)	0:55 (27:57)	4:48 (32:45)	2:08 (34:53)	1:17 (36:10)
	1:56 (38:06)	0:45 (38:51)				
3.	Vanessa VERGE	NAO	41:12	+4:42		
	2:02 (2:02)	4:50 (6:52)	2:38 (9:30)	6:56 (16:26)	3:25 (19:51)	1:57 (21:48)
	1:46 (23:34)	6:25 (29:59)	0:47 (30:46)	2:52 (33:38)	2:46 (36:24)	1:46 (38:10)
	2:04 (40:14)	0:58 (41:12)				
4.	Lucie MORIN	NAO	41:40	+5:10		
	1:44 (1:44)	4:29 (6:13)	5:29 (11:42)	4:43 (16:25)	5:07 (21:32)	1:54 (23:26)
	1:18 (24:44)	7:22 (32:06)	1:05 (33:11)	2:44 (35:55)	2:05 (38:00)	1:13 (39:13)
	1:50 (41:03)	0:37 (41:40)				
5.	Ethan COLIN	Dinan CO	43:04	+6:34		
	1:55 (1:55)	4:32 (6:27)	2:32 (8:59)	6:51 (15:50)	3:18 (19:08)	2:13 (21:21)
	2:34 (23:55)	7:40 (31:35)	2:18 (33:53)	2:44 (36:37)	2:24 (39:01)	1:12 (40:13)
	2:01 (42:14)	0:50 (43:04)				
6.	Rémi FAIVRE	NAO	45:07	+8:37		
	2:13 (2:13)	4:25 (6:38)	4:35 (11:13)	5:06 (16:19)	3:40 (19:59)	1:14 (21:13)
	1:49 (23:02)	8:36 (31:38)	0:54 (32:32)	3:51 (36:23)	3:27 (39:50)	1:48 (41:38)
	2:48 (44:26)	0:41 (45:07)				
7.	Sebastien VERGE	NAO	46:22	+9:52		
	1:58 (1:58)	5:47 (7:45)	2:34 (10:19)	5:44 (16:03)	2:22 (18:25)	2:23 (20:48)
	1:29 (22:17)	9:33 (31:50)	1:01 (32:51)	8:38 (41:29)	1:55 (43:24)	0:55 (44:19)
	1:24 (45:43)	0:39 (46:22)				
8.	Christophe THENOZ	NAO	48:47	+12:17		
	1:55 (1:55)	2:41 (4:36)	1:58 (6:34)	20:53 (27:27)	2:06 (29:33)	2:20 (31:53)
	1:13 (33:06)	5:16 (38:22)	0:29 (38:51)	3:52 (42:43)	2:20 (45:03)	1:04 (46:07)
	1:46 (47:53)	0:54 (48:47)				
9.	Sylvain LEVIS	NAO	53:30	+17:00		
	1:59 (1:59)	6:36 (8:35)	6:49 (15:24)	4:24 (19:48)	3:53 (23:41)	1:22 (25:03)
	1:38 (26:41)	5:17 (31:58)	6:50 (38:48)	8:19 (47:07)	2:28 (49:35)	1:12 (50:47)
	1:53 (52:40)	0:50 (53:30)				
10.	Erica VIGNON	Dinan CO	1:02:56	+26:26		
	2:37 (2:37)	7:02 (9:39)	3:35 (13:14)	7:31 (20:45)	4:40 (25:25)	2:20 (27:45)
	2:43 (30:28)	7:58 (38:26)	4:53 (43:19)	11:12 (54:31)	3:13 (57:44)	1:41 (59:25)
	2:23 (1:01:48)	1:08 (1:02:56)				
11.	Baptiste MARIX--FEY	Dinan CO	1:03:56	+27:26		
	2:49 (2:49)	7:04 (9:53)	13:04 (22:57)	4:46 (27:43)	3:58 (31:41)	2:51 (34:32)
	3:06 (37:38)	6:29 (44:07)	0:32 (44:39)	11:14 (55:53)	3:38 (59:31)	1:14 (1:00:45)
	2:25 (1:03:10)	0:46 (1:03:56)				
12.	Thibault GARRIC	Dinan CO	1:05:19	+28:49		
	2:57 (2:57)	6:36 (9:33)	3:56 (13:29)	8:51 (22:20)	5:38 (27:58)	3:16 (31:14)
	4:20 (35:34)	10:42 (46:16)	0:54 (47:10)	9:27 (56:37)	3:27 (1:00:04)	1:51 (1:01:55)
	2:23 (1:04:18)	1:01 (1:05:19)				
13.	Théo BARBERON	Dinan CO	1:39:05	+62:35		
	2:15 (2:15)	6:22 (8:37)	19:41 (28:18)	5:44 (34:02)	10:01 (44:03)	3:15 (47:18)
	2:11 (49:29)	15:26 (1:04:55)	16:06 (1:21:01)	8:37 (1:29:38)	5:13 (1:34:51)	1:06 (1:35:57)
	2:17 (1:38:14)	0:51 (1:39:05)				

bleu			Temps	Après		
1.	Oscar THENOZ	NAO	24:40			
	2:14 (2:14)	3:31 (5:45)	2:41 (8:26)	1:58 (10:24)	0:48 (11:12)	2:27 (13:39)
	2:52 (16:31)	2:19 (18:50)	1:09 (19:59)	3:56 (23:55)	0:45 (24:40)	
2.	Tristan RIVIERE-LOUVEL	CRCO	32:36	+7:56		
	3:25 (3:25)	4:08 (7:33)	4:00 (11:33)	2:24 (13:57)	1:05 (15:02)	3:13 (18:15)
	8:42 (26:57)	2:19 (29:16)	0:58 (30:14)	1:40 (31:54)	0:42 (32:36)	
3.	Pauline COSTE	NAO	37:25	+12:45		
	3:34 (3:34)	5:45 (9:19)	3:57 (13:16)	3:36 (16:52)	1:27 (18:19)	3:01 (21:20)
	8:33 (29:53)	4:12 (34:05)	0:49 (34:54)	1:47 (36:41)	0:44 (37:25)	

vert **Temps** **Après**

1.	Augustin DEVANNE	NAO	17:21			
	1:34 (1:34)	1:25 (2:59)	1:22 (4:21)	1:03 (5:24)	0:31 (5:55)	1:59 (7:54)
	1:01 (8:55)	2:50 (11:45)	2:31 (14:16)	2:12 (16:28)	0:53 (17:21)	
2.	Faustine OLLIVIER	O. CAENNAISE	21:28	+4:07		
	1:59 (1:59)	1:21 (3:20)	0:53 (4:13)	2:08 (6:21)	1:04 (7:25)	4:14 (11:39)
	0:43 (12:22)	2:12 (14:34)	3:30 (18:04)	2:34 (20:38)	0:50 (21:28)	
3.	Néva DESCOURTIEUX	NAO	22:28	+5:07		
	1:43 (1:43)	1:17 (3:00)	1:35 (4:35)	4:12 (8:47)	0:47 (9:34)	3:14 (12:48)
	0:35 (13:23)	2:30 (15:53)	3:29 (19:22)	2:22 (21:44)	0:44 (22:28)	
4.	Thomas DIVANAC'H	SAINT-BRIEUC OR	41:13	+23:52		
	2:42 (2:42)	2:08 (4:50)	1:45 (6:35)	2:35 (9:10)	1:11 (10:21)	13:29 (23:50)
	2:15 (26:05)	6:14 (32:19)	5:33 (37:52)	2:31 (40:23)	0:50 (41:13)	
5.	Marie DIVANAC'H	SAINT-BRIEUC OR	48:19	+30:58		
	5:49 (5:49)	4:55 (10:44)	3:33 (14:17)	3:35 (17:52)	2:32 (20:24)	7:30 (27:54)
	2:25 (30:19)	5:22 (35:41)	5:52 (41:33)	5:06 (46:39)	1:40 (48:19)	
6.	Gaïd OLLIVIER		1:01:29	+44:08		
	2:47 (2:47)	2:21 (5:08)	7:10 (12:18)	3:12 (15:30)	1:26 (16:56)	13:08 (30:04)
	2:04 (32:08)	12:58 (45:06)	8:06 (53:12)	5:17 (58:29)	3:00 (1:01:29)	
	Antonin LEVIS-MACHABERT	NAO	PM			
	2:44 (2:44)	- (-)	- (-)	- (19:57)	0:44 (20:41)	7:07 (27:48)
	0:38 (28:26)	7:21 (35:47)	3:16 (39:03)	3:03 (42:06)	0:56 (43:02)	

Créé par [MeOS 3.4.782 \(U2\)](#): 17/03/2019 15:51:18